



## Your Voice Network Meeting

### Agenda

Thursday 7<sup>th</sup> September 2023

6.00pm -7.30pm

### **Zoom Room Open**

We will open the Zoom meeting room from 5.55pm.

### **Welcome**

The meeting will start at 6.00pm.

The Your Voice team will welcome everyone to the meeting.

The hosts for this meeting are the 'Your Voice' Team – Sammy and Debbie  
Because of Sammy's operation Andrew is on standby to be able to chair

### **Everyone says hello**

We would like everyone to introduce themselves and tell us something about this quick question: - What is the best gift you have ever been given?

### **Ground Rules for the group**

We want everyone to feel comfortable. If it enables you to feel more comfortable please do turn your camera and microphone off and feel free to put your comments in the chat.

### **Pain and pain scales.**

How do you know you are in pain?

Are there times you don't know your body is hurting?

Discussion of various pain scales – Wong baker, Flacc and Distat

### **Initial thoughts for the conference**

Any ideas about the online conference

### **Closing**

Are there any good experiences you want to share with us? What would you like to talk about next time