



## Your Voice Network Meeting Minutes



Wednesday 13<sup>th</sup> September 2023







people first forum
giving a voice to people with learning disabilities



#### We talked about:



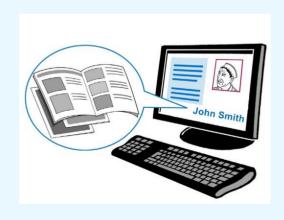
Cody and Kayleigh did a presentation about having easy to understand information.



They told us that the Accessible Information Standard has rules for health and social care workers to follow.



The rules say that they should ask how you want information and how you communicate.

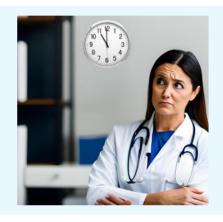


They also say that they should record this and tell other people who need to know.



### Change have a communication card here:

https://shorturl.at/ikxN3



People can miss out on appointments if they don't get easy to understand information.



They might get discharged if they miss an appointment.



It is very frustrating having to explain how you want to be communicated with every time you see a new person.

#### What people said:



Some learning disability liaison nurses are very good at making sure people have good communication.



People First Forum have done lots of work to make pre health check questionnaires accessible but they still don't often get used.



Some organisations use Photosymbols and some use other pictures or symbols.



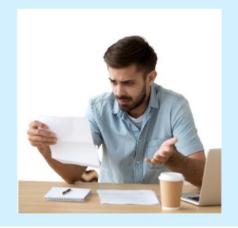
Not all Easy Read letters are good and some use difficult words.



One person said digital clocks are better than a real clock.



In Devon the NHS and social services don't involve people with learning disabilities in making Easy Read.



One person said they are registered with their GP as having a learning disability, but they still don't get Easy Read letters from them.



The doctor's receptionists send out letters and they probably don't check if people need Easy Read.



Devon has a website with all their Easy Read on it but it is hard to get people to use it.



Kayleigh said that having Easy Read means you don't have to rely on carers to understand things and sort out appointments for you.



Amanda said that self advocates have been telling people about this for years and it is hard not to feel disheartened.



Kayleigh said as a group we should come together to do something.



We could all fill out a communication card and give it to our GP receptionist and any social care workers who support us.



David said the council who send very important letters don't use Easy Read.

#### **Updates:**



Cody said that Inclusion Gloucestershire is moving to a new office.



Zoe said that Wiltshire CIL are doing a survey to find out why so many autistic women and women with a learning disability are not having cervical cancer screening (smear test). Here is a link to the survey <a href="https://forms.gle/t8ihYcNGpwUbZ8">https://forms.gle/t8ihYcNGpwUbZ8</a>



Devon's partnership board is having a meeting about communication on Monday.



People First Forum are having their first team building for a while.



They are also working on their Big Plan after having to leave it during covid.



They are also having a Big Night Out on 5<sup>th</sup> October.





# The next Your Voice meetings are:

The network meeting is on Wednesday 11th October at 12:30pm







The coffee morning is on Thursday 28<sup>th</sup> September at 11:00 am









The next meeting is about transport and getting around.

Here are some questions to think about:



What good things happen in your county to make using transport easier?

Do you have travel buddies?

What is the most difficult thing about using transport where you live?