



Your Voice Network Meeting
Wednesday 11th of May 2022

Who came?

	<p>Your Voice</p>		<p>Devon County Council</p>
	<p>Inclusion Gloucestershire</p>		<p>Devon People First</p>
	<p>Citizen Checkers</p>		<p>People First Forum</p>
	<p>AS We Are (WSUN)</p>		

What did we talk about?

	<p>We said 'hello' to everyone.</p> <p>The icebreaker question was 'What is your favourite supermarket?'</p>
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Citizen Checkers told us about the work they have been doing speaking to people who are in hospitals far away. They speak to them online and sometimes in person.

Devon People First said most people are sent to hospitals away from Devon.



Inclusion Gloucestershire said they have been visiting people in hospitals far away as part of their Quality Checking.

People First Forum said they haven't been able to do quality checks since Covid.



Citizen Checkers told us about some free training they will be running.

It is for people who have experience of living in a mental health hospital.

It is to train you how to be a peer advocate.

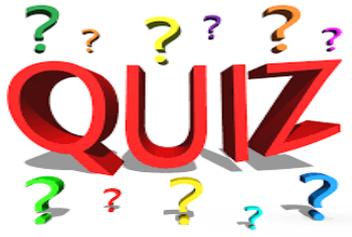
Please contact Kate, to find out more.

We talked about the different support people needed when living in hospital.

We talked about why having a peer advocate is a good idea.



People said it is good for people to have someone who has been through the same thing and who will speak up for them.



We had a Music Quiz that Tim made.



One person said that last minute changes to health appointment times could be difficult.

They said they would go to the different appointment time but would complain about it later.



One person said they have signed up for a social prescriber, but there is a waiting list where they live.



One person said social prescribing is a good thing if it is available.



People First Forum said they have been doing some training for social prescribers.



Devon People First said they had been going to an activities group run by the social prescribers.

They had tried different things. They found it helpful.



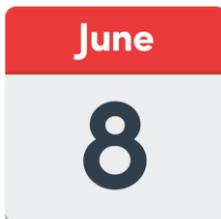
Because of the group they said they are walking more and are motivated to go out more.



Dates for the diary

Coffee Morning –

Thursday 26th May 11am



Network meeting –

Wednesday 8th June 12.30-2pm