



One Network

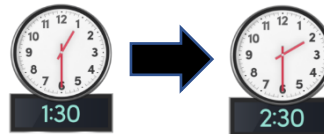
South West Self-Advocacy Group

Your Health Your Voice Your Life Network Meeting



17th March 2021

Agenda



Zoom Room Open

We will open the Zoom meeting room from 1.25 to let everyone arrive.



Welcome

The meeting will start at 1.30PM

The Your Health Your Voice Your Life team will welcome everyone to the meeting

The hosts for this meeting are The Your Health Your Voice Your Life Team



One Network

South West Self-Advocacy Group



Cody



Sammy



Lucy



Emily



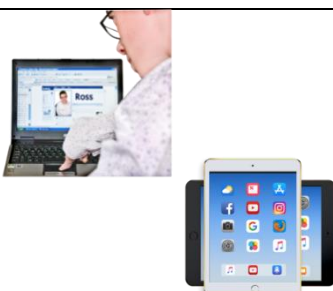
Everyone says hello

We'd like everyone to introduce themselves and tell us something about this quick question:



How are groups making technology work for them.

- How has technology helped you to stay in touch?
- What works well with online meet ups?
- What doesn't work well with online meet ups?



Screen time and health

We will be having a quick quiz about how much time people spend online

How do you feel after being online?

After a Zoom meeting? Or after being on social media?



What do people want to talk about at the next meeting

Is there anything you would like to talk about at the next meeting?



When will the next meeting be?

The next meeting will be on Wednesday the 14th of April at 1.30.