



Your Voice Network Meeting

Agenda

Thursday 1st August 2024

6.00pm -7.30pm

Zoom Room Open We will open the Zoom meeting room from 5.55pm.

Welcome

The meeting will start at 6.00pm.

The Your Voice team will welcome everyone to the meeting.

The hosts for this meeting is Rosie from the 'Your Voice' Team

Tonight's meeting will be chaired by Andrew and Heidi who are stepping in for Sammy as they are recovering from an operation. (Sammy is hoping to be at the meeting too)

Everyone says hello

We would like everyone to introduce themselves and tell us something about this quick question: What is your favorite drink to enjoy in the summer ?

Ground Rules for the group

We want everyone to feel comfortable. If it enables you to feel more comfortable please do turn your camera and microphone off and feel free to put your comments in the chat.

Executive Function

How does executive function affect you? What barriers does it present in accessing health and social care? What coping mechanisms do you employ? Is there anything that would help?

Closing

Are there any good experiences you want to share with us? What would you like to talk about next time