



Your Voice Neurodiverse Agenda



Thursday 3rd October 2024



Ground Rules for the group

We want everyone to feel comfortable. If it enables you to feel more comfortable please do turn your camera and microphone off and feel free to put your comments in the chat.



Welcome

The meeting will start at 6.00pm.
The Your Voice team will welcome everyone to the meeting.
The hosts for this meeting is Rosie
from the 'Your Voice' Team –Rosie and Sammy

We would like everyone to introduce themselves and tell us something about this quick question: What is your favorite thing about autumn



Talking Therapies

We have been asked by the NHS to talk about Talking Therapies. We have the director for NHS Talking Therapies South West who is gathering feedback on how to making Talking Therapies more accessible coming to the November meeting.

We have been asked any good practice and what is going right with talking therapies the south west

Any solutions for making talking therapies more accessible for neurodiverse people



Any other business

Are there any good experiences you want to share with us? What would you like to talk about next about in future months