



Your Voice Network Meeting
Wednesday 9th of March 2022

Who came?

 <p>Your Voice</p>  <p>Inclusion Gloucestershire</p>  <p>Cornwall People First</p>	 <p>Devon People First</p>  <p>People First Forum</p>
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What did we talk about?

	<p>We said 'hello' to everyone.</p> <p>The icebreaker question was 'What is your favourite Easter egg or Easter treat?'</p>
	<p>Kayleigh and Cody shared a presentation on Mouth Care.</p>



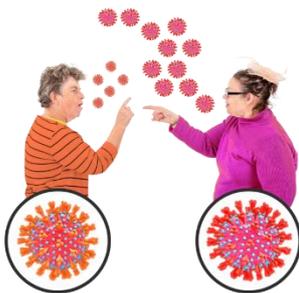
People said that using an electric toothbrush has helped keep their teeth clean.



People told us about going to the dentist.



Someone said they have lots of forms to fill in at the dentist. These forms are not Easy Read.



Someone was scared of going to the dentist because of Covid.



People in the group said that dentists make sure everything is clean and wear masks to help keep people safe from Covid.



People First Forum told us they have a very good dental practice.

The dentist is a special dentist for people who have a learning disability.

This dentist told them to buy a special toothbrush. They said to come in when they had bought it and they showed them how to use it.



Someone said there is a specialist dentist service in Gloucestershire. This dentist is for anyone who is disabled, has mental ill health or is afraid of going to the dentist.

Their number is 0300 421 6440



Devon People First said they did some work about dentists 8 years ago. A dentist came and talked to the different groups.

People First Forum said they have a dentist who was part of their Health Action Group.

Dentist



People said a reasonable adjustment at the dentist would be an earlier or later appointment time.



Another reasonable adjustment would be having someone go with them.



Some people said they are scared of going to the dentist.

People had ideas of things that might help.



They suggested going to the dentist when you do not have an appointment.

They said you could ask the dentist to explain what they are going to do.



Someone said it helped them to remember why it is important to go to the dentist.

Going to the dentist helps you to stay well.

My Health Passport

Please read this assessment to get to know me. It contains important information about me.

My name is _____
 I like to be known as _____
 My DOB and NHS no. _____

This health passport belongs to me. Please return it when I am discharged.

My preferred communication method to help me understand:

Speaking Signing Pictures Easy Read
 Using objects Inform Others Easy Read
 Other communication methods I find helpful: _____

I have difficulty with:

Writing Self-care Controlling my behaviour
 Moving Controlling my behaviour

How to help me if I am unable: _____

CAPACITY TO CONSENT - EASY READ - THIS CARD INDICATES - EASY READ

Someone said it would be a good idea to have a dental passport, like a hospital or health passport.

This would help the dentist to know what would help you.



People First Forum said they have yellow health book, so people have their own personal health record. There is a good dentist section which helps people to go to the dentist.



We had a Musical Theatre Quiz



Dates for the diary

Coffee Morning –

Thursday 24th March 11am

Network meeting –

Wednesday 13th April 12.30-2pm

<https://us02web.zoom.us/j/81674802458?pwd=eHFWaVZDTCthc09vRHFNaJArbjRuUT09>

Meeting ID: 816 7480 2458

Passcode: 608101